

HELPING YOU RAISE INTUITIVE, ADVENTUROUS, AND NOT-SO-PICKY EATERS.

Jenna Lewis, MS, RDN is a pediatric dietitian, mom of two, and owner of Raising Eaters. She has spent her entire career working in childhood nutrition and is passionate about supporting parents and caregivers - YOU - as they navigate all things food when it comes to our keiki.



1-ON-1 NUTRITION COUNSELING

Virtual nutrition counseling for children ages 1-18 and their families. This service may be covered by your insurance.

- General Childhood Nutrition
- Food Allergies
- Fussy/Picky Eating
- ARFID
- Sports Nutrition
- Diabetes
- Celiac Disease
- Responsive Feeding
- And more...



COMMUNITY NUTRITION

Gather with a community of parents to learn and discuss nutrition topics and share challenges and wins in our live webinars and in-person Oahu gatherings.

- Oahu toddler nutrition story-time coming soon!

SCHEDULE NOW



HERE FOR YOU

Do you have a picky eater or face constant mealtime battles? Overwhelmed by all the advice on feeding kids? Raising Eaters is here to help. Our family-focused resources, created by a Registered Dietitian, make nutrition support easy and accessible for busy families.



raisingeaters.com



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